

EXPRESS WELLNESS FOR BUSY DAYS

Thoughtfully curated for guests with a busy lifestyle, our Express Treatments deliver targeted relaxation in just 30-45 minutes. Whether you're between meetings, waiting for your transfer, or simply looking to unwind, these treatments are designed to help you recharge both body and mind—without interrupting your schedule. Take a well-deserved pause and experience Japanese-inspired wellness, right here in our lounge.



Meguri Foot Revival

30min THB 850++

45min THB 950++

An invigorating foot massage designed to ease fatigue, stimulate circulation, and restore comfort to tired feet and lower legs. Using soothing pressure techniques and mindful touch, this treatment promotes relaxation, relieves tension, and leaves you feeling refreshed and rebalanced.



Yasuragi Neck & Shoulder Relief

30min THB 850++

45min THB 950++

Discover a moment of tranquility with this restorative treatment focused on the neck, shoulders, and upper back. Refined massage techniques help release accumulated tension, soothe muscle fatigue, and encourage a deep sense of relaxation, restoring harmony to both body and mind.



Kutsurogi Hand Retreat

30min THB 950++

Inspired by the philosophy of mindful living, this restorative treatment invites you to step away from digital demands and reconnect with a sense of calm. A soothing hand therapy helps release tension from tired hands and fingers, while your mobile phone is gently refreshed and cleansed. Complete your digital pause with a warm eye pillow rest, allowing the eyes and mind to relax, recharge, and restore balance.

